

**SOUTH ESSEX CROSS COUNTRY LEAGUE 2022/2023**

**DIVISIONS ONE, TWO & THREE**

**3rd ROUND - HADLEIGH COUNTRY PARK**

**26th February 2023**

**HELD UNDER UK ATHLETICS RULES**

**CROSS COUNTRY LICENCE NUMBER UKA:CC2023/0763**

**INDIVIDUAL WINNERS**

First Man	Rhys Gillard (LOSS)	22.50
First Woman	Eleanor Johnson (LOSS)	28.01

**TEAM RESULTS**

**Division One**

<u>Pos</u>	<u>Club</u>	<u>Men</u>	<u>Women</u>	<u>Total</u>	<u>Points</u>
1st	Leigh on Sea Striders	65	13	<b>78</b>	<b>4</b>
2nd	Billericay Striders	79	82	<b>161</b>	<b>3</b>
3rd	Benfleet RC	221	39	<b>260</b>	<b>2</b>
4th	Barking RR	530	174	<b>704</b>	<b>1</b>

**Division Two**

<u>Pos</u>	<u>Club</u>	<u>Men</u>	<u>Women</u>	<u>Total</u>	<u>Points</u>
1st	East Essex Tri	240	162	<b>402</b>	<b>4</b>
2nd	Rochford RC	359	178	<b>537</b>	<b>3</b>
3rd	Castle Point Joggers	485	101	<b>586</b>	<b>2</b>
4th	Brentwood	977	141	<b>1118</b>	<b>1</b>

6 male scorers missing

**Division Three**

<u>Pos</u>	<u>Club</u>	<u>Men</u>	<u>Women</u>	<u>Total</u>	<u>Points</u>
1st	Havering 90	528	149	<b>677</b>	<b>4</b>
2nd	Pitsea RC	537	200	<b>737</b>	<b>3</b>
3rd	Dagenham 88	822	225	<b>1047</b>	<b>2</b>
4th	Tri Sport Epping	870	296	<b>1166</b>	<b>1</b>

1 female scorer missir  
4 male scorers & 2 fer  
No runners took part

**N.B.** *Division 1 & 2 = 7 men (2 vets) & 4 women (1 vet) to score*  
*Division 3 = 6 Men (2 vets) & 4 women (1 vet) to score*

nale scorers missing - Last place +1 added up to give total